

Mesquite Parks and Recreation



Fun Express

A summary of activities and events for January and February 2012

A Night at the Oscars Daddy Daughter Dance

Friday, February 3

4-8 years old (6-8 p.m.)

9-12 years old (8:30-10:30 p.m.)

Mesquite Convention Center

\$15/person/session

Your special little sweetheart will be on top of the world at the annual Daddy Daughter Dance at the Mesquite Convention Center. An evening filled with fabulous music, light refreshments and dancing waits. Buy your tickets at any recreation center, the parks and recreation administrative offices or online at www.cityofmesquite.com starting January 2.



Mother Son Dance

Friday, March 2

Mesquite Convention Center

\$15/person/session

Boys ages 4-12 will enjoy this fun-filled night with their mother at the Mesquite Convention Center. An evening filled with games, fabulous music, light refreshments and dancing waits. Buy your tickets at any recreation center, the parks and recreation administrative offices or online at www.cityofmesquite.com starting February 6.

Mesquite Parks and Recreation

1515 North Galloway

972.216.6260

www.cityofmesquite.com/pard

Real. Texas. Fun.



Athletics

Youth Volleyball ages 7 - 14

Registration: January 30 - February 24
Register at Evans or Dunford
Recreation Centers or at
[www.cityofmesquite.com/pard/
volleyball.php](http://www.cityofmesquite.com/pard/volleyball.php)
Practices being week of
March 19 &
games begin March 29



Recreation Centers

Dunford Recreation Center
972.279.9285
1015 Green Canyon

Evans Recreation Center
972.285.4145
1116 Hillcrest

Florence Recreation Center
972.279.7477
2501 Whitson Way

Goodbar Recreation Center
972.279.6881
3000 Concord

Rutherford Recreation Center
972.216.7790
900 Rutherford Drive

Shaw Gymnasium
972.288.6293
707 Purple Sage

Thompson Gymnasium
972.882.7200
2525 Helen Lane

Tennis

Westlake Tennis Center

601 Gross Road 972.289.5326

6 lighted courts, 3 covered courts, pro shop,
ball machine rental and dressing rooms

| | |
|---------------|------------------|
| Monday-Friday | 12 p.m. - 9 p.m. |
| Saturday | 9 a.m. - 6 p.m. |
| Sunday | 12 p.m. - 6 p.m. |

**For more information about court
reservations, fees,
lessons and leagues please call
972.289.5326**

Therapeutic Activities

Special Olympics Basketball

Join the Mesquite Mavericks for another exciting basketball season. Athletes learn teamwork while improving their athletic ability. Athletes may participate in half-court competition or individual and team skills.

**Evans Recreation Center, Tuesdays 7-9 p.m. and
Thursdays 8-9 p.m., \$10**
Through February 25

Children's Classical Guitar

Students will develop a strong foundation in music as we begin a musical journey learning some of their favorite songs. Bring your own guitar.

**Evans Recreation Center, Saturday, 11 a.m.-12
p.m., Ages 7-12, \$65 plus a \$25 book fee due on
the first day of class**
January 7-28, February 4-25

Evans Dance Party

This monthly program for children with disabilities and their siblings is complete with music and refreshments in a relaxed and friendly atmosphere.

Pre-registration is encouraged.
**Evans Recreation Center, Fri-
days, on-going, 6-8 p.m., Ages
6-18, \$10**

January 20, February 17

Pre-school

Dance Perspective

Children will experience the excitement of movement to music while developing coordination, muscle tone, posture, strength, and agility. The instructor teaches classical techniques in Ballet, Jazz, and Tap. **Dunford Recreation Center, Tuesdays 6:30-7:30 p.m.; Wednesdays 9:30-10:30 a.m.; Ages 3-5, \$25 for a 4 week session or \$7 per session.**

January 2-25, February 1-28

Valentine's Tea Party

Mothers and daughters are invited to a wonderful world of make believe. Join us for tea, we will have valentine's day treats, story time and fun activities.

Evans Recreation Center, Friday 10 a.m.-12 p.m., Ages 3-5, \$5 per person

February 3



RASP

(Recreation After School Program)

RASP is designed to include supervised activities, arts and crafts, snacks and homework time. This program operates in conjunction with the MISD calendar and is held at several elementary schools and recreation centers during the after-school hours, \$80 per month with multiple child discounts available.

*Achziger, Beasley (Dunford),
Florence, McKenzie (Goodbar),
Rutherford, Shaw and Thompson*

Youth

Cheer Basics

A class especially designed for young groovers and dancers that will introduce basic cheerleading and hip-hop techniques. This class will challenge student's fitness and creativity levels as they move, dance and cheer. Parents are invited to the last class for a special performance. No cheer or dance experience is needed, all levels are welcome.

Dunford Recreation Center, Wednesdays, 6-7 p.m.; Ages 7-13, \$25

January 4-25, February 1-22

Children's Guitar

Students will develop a strong foundation in music as we begin a musical journey learning some of their favorite songs. Bring your own guitar.

Evans Recreation Center, Saturday, 10-11 a.m., Ages: 7-12, \$65 plus a \$25 book fee due on the first day of class

January 7-28, February 4-25

Game on Academy

Game on Academy is designed to create a challenge to help our student-athletes understand basketball through five on five game simulations. With GOA players will enhance their communication, confidence, mentality, technique and understanding of the game.

Dunford Recreation Center, Thursdays, (Beginners) Age 6-11, 6-7 p.m. (Intermediate) Age 8-13, 7-8 p.m.; \$45 for four sessions

January 5-26, February 2-23

Adult Fitness

Line Dancing

Partners will learn a few line dances and repeat them for cardiovascular exercise.

Rutherford Recreation Center
Mondays, 7-8 p.m. Ages 18+,
\$10 per session

January 2 - 30, February 6 - 27

Dodgeball

Join us as we relieve stress, relive our adolescence and try to find out who is the best dodgeball player in Mesquite. We will operate on a first-come, first-serve basis. Bring your 'A' game and be ready to experience this sports phenomenon.

Dunford Recreation Center, Saturdays 5-8 p.m., All ages, \$5

January 7 and 21, February 4 and 18

RIPPED

RIPPED fitness class is composed of resistance, intervals, power, plyometrics, endurance and diet. Using a combination of weight training and cardio this class will help you meet your fitness goals.

Evans Recreation Center, Mondays and Wednesdays, 7-8pm., Ages 14+, \$30 per month

On-going

50+ Lifestyles

Texas Hold'em

TEXAS HOLD'EM is played at Goodbar Senior Center every Thursday. Sign-up is each Thursday from 9:30 - 11:30 a.m. Each participant will add up their chips after each week of play. The top 8 participants (the most chip count) for week 1-3 will play in the Texas Hold'em tournament the last Thursday of each month. Wednesday afternoons, Goodbar Senior Center will offer Texas Hold'em practice games. For more information call 972-279-6881.

Goodbar Senior Center, Thursdays, 9:30—11:30 a.m.

WOODCARVERS

Woodcarving is more than whittling. It is an art form of working wood by means of a cutting tool held in the hand, resulting in a wooden figure or figurine. Experienced craftsmen will give novice carvers instruction and tips. Come by any Friday to find out how to get started.

Goodbar Senior Center, Fridays, 8:30 a.m.- 11a.m. , 50+, Free

On-going

Good nutrition is part of maintaining a healthy lifestyle. Lunch is offered for a low suggested donation of \$1 to qualified 60+ participants. Those 59 and under may purchase a meal for \$5.65. Lunch is served Monday-Friday at Goodbar and Evans Senior Centers 11:45 a.m. Advanced reservations are preferred.



Book your next event with Us!

The Westlake House, Lakeside Activity Center, Goodbar Recreation Center and other recreation centers are available for indoor reservations. Shelters and pavilions offer shaded areas for your outside event. More rental information can be found at www.cityofmesquite.com or call 972.216.6260.